## KIT LIST FOR MORFA BAY

The following is a guide of the kind of kit that you will require for an activity week at Morfa Bay. Several activities include getting wet or muddy:

- one sleeping bag
- one pillow and pillowcase
- one waterproof anorak or kagool/hat/gloves
- three or four warm sweatshirts/jumpers
- three or four pairs of tracksuit bottoms
- two or three pairs of shoes/trainers (one pair preferably old for assault course that can be thrown away)
- · one pair of wellington boots
- shorts and t-shirts at least 3 of each
- two large towels
- underwear/socks
- toilet bag and toiletries
- swimming costume (2 if possible)
- three or four bin liners
- plastic mug for hot chocolate and evening drinks

NB: IT IS IMPORTANT FOR ALL CLOTHING TO BE LABELLED AS MORFA BAY CANNOT BE HELD RESPONSIBLE FOR ANY ITEMS LOST OR MISLAID. YOUR CHILD IS RESPONSIBLE FOR ANY ITEMS THAT THEY BRING WITH THEM.

Children may bring books/magazines if wished. However, they are the responsibility of each individual and may only be used in cabins during recreation time, but are not to be brought on any activity.

## MEDICAL FORM FOR MORFA BAY

Child's Name	Date of Birth
Address	
Next of Kin	
Contact Telephone Number	
G.P.'s Name	
Address	
Telephone Number	
Any medication to be taken	
Any allergies	
Any previous serious medical problems	
Tetanus cover: Yes/No	
Dietary Requirements ( eg vegetarians)	
Any other relevant information (eg bed wetting)	
I hereby give permission for any medical/hospital	I treatment necessary for:
	whilst at Morfa Bay
Signed	Parent/Guardian
Date	••••••

Also see medication slips attached.

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## 'Placing learning at the heart of everything we do'

PLEASE COMPLETE EITHER, OR BOTH, OF THE SLIPS BELOW WHERE NECESSARY AND RETURN TO SCHOOL WITH THE MEDICAL FORM.

## **INHALERS**

Child's Name Date of Birt	h	
Name of inhaler(s)		
My child is able to administer his/her own inhaler.	YES/NO	
My child needs to be supervised administering his/her inhaler.	YES/NO	
Signed:  Parent/Guardian		
INHALERS MUST BE CARRIED ON ALL ACTIVITIES	5	
ADMINISTRATION OF CALPOL		
Child's Name Date of Birt	h	
I give permission for my child to receive Calpol during their st (should this be required).	ay in Morfa Bay YES/NO	
My child does not take Calpol, so I have providedfor him/her to take (which is labelled and will be handed to Class		
Signed: Parent/Guardian		